



ACT

atlantic coastal therapy

Confidentiality Contract for Agreement for Confidentiality of Individual Treatment

I understand that it is Atlantic Coastal Therapy's role to provide therapeutic services so that I might feel better and/or improve my functioning, especially as it relates to my family. Atlantic Coastal Therapy's role is not intended to gather information for the courts or to make judgments related to my family.

Therefore, I agree that I will not call upon Atlantic Coastal Therapy to provide treatment records or to testify in a future divorce or custody action. I understand that courts can appoint professionals who have had no prior contact with my family to conduct independent evaluations and make recommendations to the court.

I understand that it is Atlantic Coastal Therapy's policy to have no court involvement in my case because that could harm our professional relationship and the ability to achieve my goals. My goals include resolving personal concerns so that I might preserve my marriage and/or be a better parent. Since I need to speak freely, my spouse is also agreeing never to ask Atlantic Coastal Therapy or Julie Rubin McGaughey to testify or have her records of my treatment in court.

By signing this form we are both agreeing not to use any of my therapeutic intervention records or testimony in any future court proceedings.

Signed:

_____ Date _____

Signed:

_____ Date _____